REVIEW

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Mobile RNAs—the magical elf traveling between plant and the associated organisms

Shuo Zhang and Zhi Hong*

Abstract

RNA interfering (RNAi) is mediated by small non-coding RNAs (sRNAs) and efficiently silence gene expression at the posttranscriptional level in eukaryotes. In addition to functioning within a cell, such silencing RNA signals can also be transmitted over a long distance or even cross-species, therefore named mobile RNAs. Recent studies have demonstrated that mobile RNAs have the potential to suppress interspecies gene expression when plants suffer from biotic stress. In this review, we discuss the role of mobile RNAs as silencing signals transmitted between host plants and fungi, parasitic plants, and mammals. The potential applications of mobile RNAs on plant protection to resist the pests and pathogens by bioengineering strategy are also prospected.

Keywords: Mobile RNA, Cross-species regulation, HIGS, SIGS

Background

Plants direct or indirectly provide food and energy for almost all living things on earth. As vast majority of plants are sessile, it is quite important for plants to set up the multiple layers of defense mechanisms to respond and resist the surrounding adverse environment. Recently, RNAi has been proved to play important roles in fine-tuning of mechanisms for innate immune responses and gene regulation for plant development against various biotic and abiotic stresses, such as pathogen, pests, extreme temperature and salt stress [1–4].

RNAi phenomenon is first reported in *Caenorhabditis* elegans in 1993 [5] and soon it is found ubiquitous in eukaryotes to regulate various biological processes [3, 6]. RNAi is mediated by sRNAs and associated Argonaute (AGO) family proteins [6]. In plant, sRNAs are classified into two classes: small interfering RNA (siRNA) and microRNA (miRNA). Except the different biological origin of precursor, both classes share the similar biogenesis process and function mechanism, spliced by DICER-like (DCL) family from primary transcript, methylated by HUA ENHANCER1 at miRNA 3' ends,

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State Key Laboratory of Pharmaceutical Biotechnology, NJU Advanced Institute for Life Sciences (NAILS), School of Life Sciences, Nanjing University, 163 Xianlin Road, Nanjing 210046, Jiangsu, China exported to cytoplasm by HASTY, and loaded into AGO protein to trigger target mRNA degradation or translational inhibition via complementary pairing [2, 7].

Many studies have elucidated that sRNAs are not bound in a single cell but can spread to neighbor cells and even move over a long distance [8-11]. Such transmission can occur between tissues and even trans-species to silence the gene expression or direct epigenetic modification, thus such sRNAs are also called mobile RNAs [11-14]. Cell-to-cell spreading of sRNAs is thought through the plasmodesmata. Comparably, long-distance transmission of sRNAs is believed via the vascular system [11, 12, 15]. These mobile RNAs act as message carriers between the sessile plants and the associated species, supporting that individual species are not isolated, but are associated with each other. Here, we summarize several recent discoveries related to sRNA-mediated cross-species communications between plants and parasitic plants, fungi as well as mammals. The potential applications of mobile RNAs in agriculture are also prospected.

Fungal infection and plant immunity

Plants are often suffered from fungal infection during growth. In plants, pathogen attacks induce multiple layers of host immune response such as pathogen-associated molecular pattern (PAMP)-triggered immunity (PTI) and



© The Author(s). 2019 **Open Access** This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated. pathogen protein effector-triggered immunity (ETI). The evolutionary arms race also stimulates fungi to develop strategies to outmaneuver the host immune system [16–18]. Recent study has demonstrated that sRNAs in fungi hijack host RNAi pathways to suppress plant immunity for fungi invasion (Fig. 1a).

Botrytis cinerea, a necrotrophic fungus, infects almost all vegetables and fruit crops and cause enormous losses in agriculture [19]. Recent studies have showed over hundreds of unique sRNAs derived from *B. cinerea* are detected in both leaves and fruits of *Arabidopsis* and tomato (*Solanum lycopersicum*) in the early stage of *B. cinerea* infection [20]. The targets of three enriched siRNAs (*Bc*-siR3.1, *Bc*-siR3.2 and *Bc*-siR5) in plant hosts are predicted, in which *Arabidopsis* mitogen-activated protein kinase genes MPK1 and MPK2, a cell wall–associated kinase (WAK), a peroxiredoxin (PRXIIF), and the tomato MPK-kinase kinase 4 (MAPKKK4), are functionally related to plant innate immunity [20]. Moreover, it is confirmed that these sRNAs are loaded into host AGO1, the key protein in the RNA induced silence complex (RISC), to specifically knockdown the target gene expression and inhibit plant immunity. Correspondingly, Arabidopsis AGO1 mutant ago1-27 inoculated with B. cinerea, exhibits reduced susceptibility and the knockout of DCL1 and DCL2 to inhibit the biogenesis of Bc-sRNAs in B. cinerea leads to a reduction in infection virulence as well. Most recently, the same group demonstrates that the expression level of Bc-siR37 is induced during the B. cinerea infection and eight predicted Arabidopsis target genes are suppressed in which three targets are related to disease susceptibility to B. cinerea [21], suggesting sRNA may also act as virulence effector by fungus to subvert host immunity [18, 22].



suppress host gene expression. Host-induced gene silencing (HIGS) inhibits pathogen infection and virulence gene expression through hostderived sRNAs. **b** Transmission of mRNAs is bi-directional between hosts and parasitic plants through haustoria. Host sRNAs can enter and regulate the gene expression of parasitic plants (HIGS). **c** Plant-derived sRNAs are able to be ingested by animal to regulate the biological processes. **d** Spray-Induced Gene Silencing (SIGS) directly suppress fungal gene expression by externally spraying dsRNAs or sRNAs on plant surface. These transferred dsRNAs may be processed into sRNAs under the function of fungal or plant DCL proteins

Parasitic plants and nutrient uptake from host

Another important threat for plants comes from *Cuscuta* (dodder). The genus *Cuscuta* has more than 200 species and they attach to xylophyta, liana, and important economic crops. The annual economic losses caused by the destruction of dodder are considerable [23, 24].

Dodders penetrate the host plants to get the nutrients with the specialized organs, haustoria [25]. The vascular of haustoria allows the transfer of water, nutrients and also macromolecules including mRNAs, proteins, and even pathogens [23, 26, 27]. Several host RNA transcripts from Arabidopsis, pumpkin or tomato have been detected in dodders, respectively (Fig. 1b) [27-31]. Surprisingly, these translocated RNA molecules are quite stable and keep detectable at a long distance far from the attached sites (25-30 cm) in dodders [26, 28, 31]. Further study using next-generation sequencing reveals that such RNA movements between host and parasitic plants are bidirectional (Fig. 1b) [26]. Near the haustorial attachment area in the parasite stem, there is about 1% of the RNAs derived from Arabidopsis, while in the reverse direction 0.6% of RNAs in the Arabidopsis stem are of Cuscuta origin. The similar RNA movements are also found between *Cuscuta* and tomato though at a relatively low rate [26].

Further evidences supporting the sRNA can transmit come from the observation of exogenous gene expression. When *Triphysaria versicolor* expressing the β -glucuronidase (GUS) reporter gene attach to the bioengineered lettuce expressing GUS siRNA sequences, the level of GUS decreased in Triphysaria versicolor root tissue near the attachment site and the decrease of gene expression is gradually abolished with the increase of distance [32]. Similarly, siRNA sequences in the host effectively down-regulate the expression of acetyl-CoA carboxylase, mannose 6-phosphate reductase or SHOOT MERISTEMLESS-like (STM) in the parasite [33-35]. In particular, host expressing STM-RNAi significantly inhibits the dodders growth, showing limited growth, promoted flowering, and decreased seed production [34] (Fig. 1b), suggesting that the mobile RNAi signals have the great potential to limit parasitic plant growth and reproduction [36].

The genetic media from plant to mammals

Since Zhang et al. report that plant miRNAs accumulate in serum and organs to regulate gene expression in mammal [37], the debate over the small RNA molecules acting as signaling molecules for trans-species regulation emerges. Many studies are subsequently conducted to evaluate this finding since it opens a new horizon to investigate the potential cross-regulation and even co-evolution between mammal and plant (Fig. 1c) [38–40].

Compared to mammal, miRNAs or siRNAs in plant are 2'-O-methylated at 3' ends which are thought to contribute to their stability in vivo [41, 42]. The methylation at 3' ends renders plant miRNAs resistant to periodate, which differ from mammalian miRNAs that bearing free 2' and 3' hydroxyl groups [43]. According to this feature, Zhang et al. confirm the miRNAs detected in mammalian serum are bona fide plant miR-NAs. They find miR168a, one of most abundant plant miRNAs present in human serum can directly bind to the coding sequence of low-density lipoprotein receptor adaptor protein 1 (LDLRAP1) in liver cells and influence the uptake of low-density lipoprotein from the blood in mouse. This report provides evidence that food-derived exogenous plant miRNAs could pass the gastrointestinal tract and enter into the mammalian organs through circulatory system to regulate target gene expression and biological processes [37].

Several pieces of evidence from another two independent labs also support plant small RNAs can cross-regulate mammalian gene expression [44, 45]. When Apc^{Min/+} mouse, model of colon cancer, are oral administrated with synthetic suppressor sRNAs with methylation at the 2' position of the ribose of the 3' terminus, mimic of the plant miRNA, the tumor burden is substantially reduced [44]. Another study reports that plant miR159 is present in human sera and tumor tissues, and its level is inversely correlated with breast cancer morbidity and progression. Most of identified miR159 was abundant in extracellular vesicles [45]. Synthetic miR159 sequences suppress the proliferation of breast cancer cells through binding to the 3' untranslated region (3' UTR) of human Transcription Factor 7 mRNA. When continuously fed the xenograft-tumor mice with synthetic 2'-O-methylated miR159, the tumor growth is significantly inhibited compared with those treated with scrambled control oligonucleotides.

Honeysuckle (*Lonicera japonica*) is a widely used Chinese herb to treat influenza for thousands of years. It has been demonstrated that miR2911, an atypical miRNA encoded by honeysuckle genome, is abundant in decoction [46]. Feeding mice with honeysuckle decoction, the obvious increase of miR2911 content can be observed in both serum and lung. Plant miR2911 can bind and suppress H1N1, H5N1, and H7N9 viral replication and even reduce H5N1-induced mortality. It can be inferred that miRNAs are important and effective components in Chinese herbs.

With the discovery that the exogenous miRNAs can regulate mammalian gene expression, it implies us that we not only absorb its nutrients, but also inherit regulatory information when consuming food [47]. In turn, it can be expected that plants have great potential to produce the components beneficial to human health and disease treatment in an effective and affordable way [39].

Benefits from bioengineering mobile sRNAs

The discovery of mobile RNAs acting as cross-species regulatory signals to silence gene expression offers a possible strategy to protect economic plants against pathogens and pests. Host-induced gene silencing (HIGS) is host sRNAs moving to parasitic species to silence gene expression [48].

Due to the existence of haustoria [23, 27], sRNAs can transmit from host to parasitic plants to disrupt normal haustorial growth and reduce the infectivity of parasitic plants by debilitating the establishment of the initial haustoria or plasmodesmata connections between the host and the parasite [32-35]. HIGS strategy is also used to control plant diseases and insect pests. In 2007, Mao et al. [49] showed that regenerated plants expressing double stranded RNAs (dsRNAs) targeting mono-oxygenase gene CYP6AE14 of cotton bollworm (Helicoverpa armigera) significantly impaired larvae tolerance to gossypol, the secondary metabolite with antibacterial and insecticidal activities [50, 51]. Subsequently, many studies have been explored to apply HIGS to protect crops from fungi, parasitic plants, pests and nematodes (Fig. 1a-c) [52–59]. Screening of target genes is important for RNAi effect (52). It is believed that genes expressing in midgut and those that are vital for pest growth and development are optimal [60-62]. In addition, Renata et al. report that for western corn rootworm (WCR, Diabrotica virgifera virgifera LeConte), the length of dsRNA is also important for silencing efficiency [63].

However, it is impossible to genetically modify all of the economically important crops to against various biotic threats. It is quite interesting to see that whether direct spray of siRNAs have the effect on pathogen or pest.

Recently, Koch et al. demonstrate that spray-induced gene silencing (SIGS) is an effective gene silencing method to control Fusarium graminearum infections on barley (Fig. 1d) [64]. F. graminearum causes head blight and seedling blight in important cereal crops including rice, maize, and wheat. Spraying 791-nt long dsRNAs on barley leaves, targeting three fungal CYP51 genes responsible for fungal membrane integrity [65], prevents disease development and alleviates the host damage. Intriguingly, the fall of fungal CYP51 transcripts and the presence of dsRNAs are detected in the segments away from the spraying sites, indicating that the long dsRNAs can transmit along the conductive system in plant. Surprisingly, dsRNAs of CYP51 can persistently exist for 168 h at the local or non-sprayed distal segments [64]. On the other hand, it is found that the ingested dsRNAs need fungal *DCL1* gene to generate the final sRNAs in F. graminearum. Using the dcl-1 mutant, the infection of F. graminearum seems not effected in the presence of the silencing dsRNAs. However, when treated with high concentration of dsRNA-derived sRNAs against CYP51, the fungus is strongly suppressed in both the local and the distal leaf segments [64]. Wang et al. report when externally applied dsRNAs or sRNAs targeting DCL1 and DCL2 of B. cinerea on plants, the fungal infection is controlled and these dsRNAs and sRNAs can protect vegetables and fruits against B. cinerea for up to 8 days [66]. The authors claim that several sRNAs acting as virulence effectors are required to be processed by B. cinerea DCL proteins. Further investigations of DCLs function involved in SIGS are necessary. Notably, both of the studies demonstrate that non-native silencing sequences can be maintained for a relatively long duration in fungus [64, 66]. In addition, spraying a GFP-specific 720 nt long dsRNAs on barley leaves also effectively suppress the expression of GFP in *F. graminearum* strain [64].

Although the exact mechanisms about how these external RNAs are taken up and transmitted among the organisms are unclear, the HIGS and SIGS have shown the great potential to protect plant from pathogen or pests [64, 66, 67] and the "RNA insecticide" is already on the way [68]. Most recently, the product of Monsanto, DvSnf7 dsRNA against western corn rootworm has been approved in USA. However, as these external supplied RNAs are also ingested by host plants, it should be carefully taken into consideration that the designed sequences may cause dysregulation of host endogenous genes.

Conclusions and perspectives

Individual species in the ecosystem are not isolated but communicate to each other. Mobile RNAs-medicated gene silencing between the organism and their habitat has been well documented as regulatory signal. It can be predicted that the mobile RNAs serving as a kind of 'talking language' among the diverse individuals is universally exist. An important advantage using mobile RNAs as a tool for crop protection is that these RNAi signals are non-cell-autonomous, acting both at local and systemic levels [34], which makes it has broad application prospects in agriculture and human health. On the other hand, although many important results have been achieved, the knowledge about how long dsRNAs are processed by fungal DCLs and the mobile RNAs transmit between individuals are still less known. Several technical problems also need to be solved, such as the stability of sRNAs, the potential off-target effect and drug resistance. Therefore, a better understanding of the molecular mechanisms of mobile RNAs transfer among diverse species and the hijack of the target will greatly helpful to further development of RNAi technology.

Abbreviations

3' UTR: The 3' untranslated region; AGO: Argonaute; BC: *Botrytis cinerea*; DCL: DICER-like; dsRNAs: double stranded RNAs; ETI: Pathogen protein effector-triggered immunity; GUS: β -glucuronidase; HIGS: Host-induced gene silencing; LDLRAP1: Low-density lipoprotein receptor adaptor protein 1; MAPKKK4: MPK-kinase kinase 4; miRNA: microRNA; MPK: Mitogen-activated protein kinase gene; PAMP: Pathogen-associated molecular pattern; PRXIIF: Peroxiredoxin; PTI: Pathogen-associated molecular patternt; SIGS: Spray-induced gene silencing; siRNA: small interfering RNA; sRNAs: small non-coding RNAs; STM: SHOOT MERISTEMLESS-like; WAK: Cell wall-associated kinase; WCR: Western corn rootworm (*Diabrotica virgifera virgifera LeConte*)

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ZH and SZ conceived and wrote the paper. Both authors read and approved the final manuscript.

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